

Kids' Clubhouse



We believe our Kid's Clubhouse is the nicest childcare environment in any club we have ever seen and we've visited many clubs throughout the country! The personalities that make up our professional, caring staff are unique and comforting to parents. The three rooms we have are clean, safe, and packed with fun things to amuse your children while you workout. Above all, your child will get the proper attention he or she deserves each and every time he/she visits the club.

-Kurt & Paula Welker, Owners

FEES & TIME LIMITS:

There is a \$2.00 charge per child, per hour, which you may pay directly to the Clubhouse attendant. To help ensure space availability for other members, there is a strict two-hour limit per visit. For parents who utilize the Clubhouse frequently, there is a "Children's Plan" option that you can add to your membership. For an additional \$30/month (with a 6-month commitment) you can have unlimited use of the Clubhouse (2-hour/day maximum) for your child. Add \$15/month after that for additional children. This option also entitles you to a 10% discount on any children's pool program!

POLICIES & PROCEDURES:

- ⊙ Sign-in is required each time. Please be sure to write your time in and out and any special instructions, including allergies or medical considerations.
- ⊙ If your child has a dirty diaper, we will page you to come and change it. A private changing table is provided in the Kid's Clubhouse bathroom for your convenience. Attendants do not change diapers.
- ⊙ Based on care-giving mandates from the state, parents must remain on the premises and also remain responsible for the basic care of their children (including, but not limited to diapering, toileting, feeding, and discipline) and must perform these duties as needed.
- ⊙ Our attendants will page you if there are any behavioral concerns regarding your child. Attendants are not permitted to discipline children.
- ⊙ Children often cry on their first couple of visits. This is normal; however, if your child cries for more than 10 minutes, we will page you to come and quiet your child down.
- ⊙ Toilet training is up to the parent. We have a children's toilet in the Clubhouse for your convenience. Please feel free to visit any time and ask your child if he/she has to go.
- ⊙ Please put your child's name on every item he/she comes in with - including clothing.
- ⊙ Your child is welcome to bring in his/her own toys; however, please leave toy weapons and any toys with sharp or small parts at home.
- ⊙ No child with any obvious or contagious illness will be allowed in the Clubhouse. If your child comes down with any signs of illness while in our care, we will ask the parent to bring the child home.
- ⊙ Fitness First does not provide food or drink to children, and attendants are not permitted to feed children of any age. You are welcome to provide a snack or drink for your child. Parents must distribute all snacks or drinks. Please, no gum, lollipops, raisins, and hard candy, or red & purple juices, as they will stain the carpet.
- ⊙ If your child has misplaced any articles, please check our lost & found, which is kept on the shelves behind the Kid's Clubhouse door. Items are kept for 3 weeks before being discarded.

If you have any suggestions or comments that you would like to share with us, please feel free to call us at 413-786-1460, visit our website at www.fitnessfirsthealthclub.com or speak with Jean when you come in.

We want to know how we can serve you better!

